Preparing Your Child for Kindergarten!

Kindergarten is a year full of so much learning and growth! Here are some suggestions to get your child ready for the upcoming school year.

- I. Read **books** with your child every day! Have your child practice turning the pages and pointing to each word as you read. Talk about the characters, setting, and story plots.
- 2. Practice **letter** and **sound recognition**! Play games to practice identifying uppercase and lowercase letters as well as letter sounds.
- 3. Practice **number recognition** and **counting!** Count groups of objects up to 10 and count by ones from 0 to 20.
- 4. Practice spelling and writing your child's **name**! If they are ready, practice writing with lowercase letters except for the first letter.
- 5. Practice **writing skills**! Play games to practice writing uppercase letters and numbers.
- 6. Practice **fine motor skills!** Practice holding a pencil correctly, coloring neatly, and using scissors.
- 7. Talk about **social skills**, such as sharing, taking turns, being kind, and using good manners.
- 8. Practice **self-help skills** to help build your child's independence! Work on zipping coats and backpacks, opening snack containers, and tying shoes.



